

TRADER JOE'S

Shopping List

FRUITS:

- | | |
|-----------------------------------|--------------------------|
| <input type="checkbox"/> APRIUMS | <input type="checkbox"/> |
| <input type="checkbox"/> PLUMCOTS | <input type="checkbox"/> |
| <input type="checkbox"/> BANANAS | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

VEGGIES:

- | | |
|---|--------------------------|
| <input type="checkbox"/> AVOCADOS | <input type="checkbox"/> |
| <input type="checkbox"/> SPIRALIZED VEGGIES | <input type="checkbox"/> |
| <input type="checkbox"/> SALADS | <input type="checkbox"/> |
| <input type="checkbox"/> SPAGHETTI SQUASH | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

DAIRY:

- | | |
|--|--------------------------|
| <input type="checkbox"/> MOZZ CHEESE STICKS | <input type="checkbox"/> |
| <input type="checkbox"/> GREEK YOGURT | <input type="checkbox"/> |
| <input type="checkbox"/> ALMOND MILK | <input type="checkbox"/> |
| <input type="checkbox"/> FETA | <input type="checkbox"/> |
| <input type="checkbox"/> DAIRY FREE CREAM CHEESE | <input type="checkbox"/> |
| <input type="checkbox"/> CRANBERRY/BLEUBERRY GOAT CHEESE | <input type="checkbox"/> |

FROZEN:

- | | | |
|---|---|---|
| <input type="checkbox"/> BLACK BEAN BURGERS | <input type="checkbox"/> RAINBOW CAULIFLOWER | <input type="checkbox"/> RICED CAULIFLOWER STIR FRY |
| <input type="checkbox"/> SILVER DOLLAR PANCAKES | <input type="checkbox"/> MINI CHICKEN TACOS | <input type="checkbox"/> POT STICKERS |
| <input type="checkbox"/> MINI MEATBALLS | <input type="checkbox"/> VEG/CHICKEN FRIED RICE | <input type="checkbox"/> PUMPKIN RAVIOLI |
| <input type="checkbox"/> ORANGE CHICKEN | <input type="checkbox"/> VANILLA FUDGE CHIP ICE CREAM | <input type="checkbox"/> CHOC COVERED BANANAS |
| <input type="checkbox"/> STACKED EGG-PLANT PARM | <input type="checkbox"/> SWEET POTATO GNOCCHI | <input type="checkbox"/> LENTILS |
| <input type="checkbox"/> CAULIFLOWER GNOCCHI | <input type="checkbox"/> TORTELLINI | <input type="checkbox"/> |

SAUCES/DIPS:

- | | |
|---|---|
| <input type="checkbox"/> TZATZKI & CUCUMBER SAUCE | <input type="checkbox"/> GREEN GODDESS SALAD DRESSING |
| <input type="checkbox"/> CAROLINA GOLD BBQ SAUCE | <input type="checkbox"/> GUACAMOLE |
| <input type="checkbox"/> BALSAMIC GLAZE | <input type="checkbox"/> CASHEW BUTTER |
| <input type="checkbox"/> UNSALTED PEANUT BUTTER | <input type="checkbox"/> BRUSCHETTA |
| <input type="checkbox"/> KS CITY STYLE BBQ SAUCE | <input type="checkbox"/> |
| <input type="checkbox"/> SALSA VERDE | <input type="checkbox"/> |
| <input type="checkbox"/> COOKIE BUTTER | <input type="checkbox"/> |

MEAT:

- | | |
|---|--------------------------|
| <input type="checkbox"/> GROUND TURKEY | <input type="checkbox"/> |
| <input type="checkbox"/> GRILLED LEMON PEPPER CHICKEN | <input type="checkbox"/> |
| <input type="checkbox"/> SWEET APPLE SAUSAGE | <input type="checkbox"/> |
| <input type="checkbox"/> WHOLE ROASTING CHICKEN | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |

TRADER JOE'S

Shopping List

CANNED/BOXED GOODS:

- ☐ JOE'S O'S
☐ BLACK BEANS
☐ APPLES & CINNAMON
☐ OATMEAL
☐ HOT & SWEET
☐ JALAPEÑOS

SNACKS:

- | | |
|---|---|
| <input type="checkbox"/> VEGGIE STRAWS | <input type="checkbox"/> 3 SEED SWEET POTATO CRACKERS |
| <input type="checkbox"/> PB PROTEIN GRANOLA | <input type="checkbox"/> OVEN BAKED CHEESE BITES |
| <input type="checkbox"/> HONEY SESAME ALMONDS | <input type="checkbox"/> DARK CHOC COVERED ALMONDS |
| <input type="checkbox"/> UNSWEETENED APPLESAUCE | <input type="checkbox"/> CHURRO BITES |
| <input type="checkbox"/> DARK CHOC PB CUPS | <input type="checkbox"/> CHOC COVERED ESPRESSO BEANS |
| <input type="checkbox"/> DRIED MANGO | <input type="checkbox"/> |
| <input type="checkbox"/> PB PRETZELS | <input type="checkbox"/> |

SPICES:

- ☐ EVERYTHING BUT THE BAGEL SEASONING
☐ CHILI LIME SEASONING
☐ 21 SALUTE SEASONING

DRINKS:

- ☐ PUMPKIN KEURIG
- ☐ HARD CIDER
- ☐ CHARLES SCHWAB WINE
- ☐ COLD BREW COFFEE BAGS
- ☐
- ☐

FLORALS:

- ☐ EUCALYPTUS
- ☐ ROSES
- ☐ HERBS
- ☐ SUCCULENTS
- ☐
- ☐

EXTRAS:

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